



ACC Winter Safety Tips

Back Country Snow Sports

Know the Hazards

- Rapidly changing weather conditions
- Equipment malfunctions / breakage
- Dehydration or fatigue
- Cold Injuries
- Avalanches



Be Prepared

- Research your route and snow conditions
- Test the snowpack stability
- Travel with a group and never separate
- Carry a first-aid kit and plenty of spare clothes/supplies
- Carry a small maintenance kit to fix small equipment problems
- Change your plans or turn around if the conditions don't look good

